



The Leadership  
INSTITUTE



# MENTORING AND COACHING FOR WOMEN

All Leaders Manage.  
Great Leaders Teach.

7th May 2019 | Sydney

1 Day Program  
4 CEO Presentations + Q&A

150+ Delegates  
1 Afternoon Masterclass

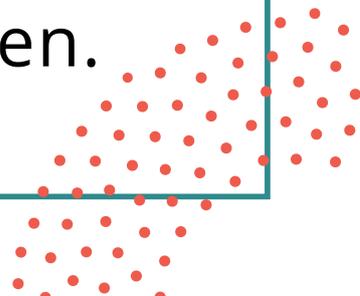
# Why?

There's a difference between a manager and a leader.

Great leaders are also great mentors and coaches.

If you want to be a great mentor, you need to have the skills to share your knowledge and empower the people around you.

That's the purpose of the Coaching and Mentoring for Women 2019. To build a platform for mentors and mentees to connect and promote the upward mobility of women.



# What is Mentoring and Coaching for Women?

3 inspiring stories, 2 interactive workshops, 1 outcome = become a leading mentor

Research shows that there is a gap between the number of women entering the workforce and the number of women who reach senior leadership positions.

Mentoring and sponsoring of women in the workforce is a paramount to closing this gap, while also having the benefit of retaining institutional and practical know-know in an organisation and strengthening organisational culture.

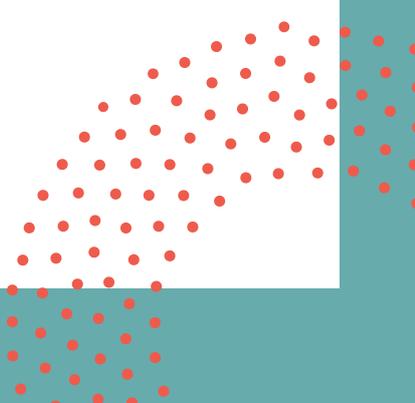
Mentoring and Coaching for Women is a 1-day intensive program designed to connect aspiring female with established female leaders. Join us in the morning to hear from 4 inspirational CEOs on how they support and encourage the women around them. Ask them their tips for coaching and leading in an extended Q+A session. In the afternoon, we will be joined by an executive coach for a hands-on interactive masterclass on building the skills you need to become a great mentor and an inspiring leader yourself.

## Who Should Attend?

From executive leaders to middle management, this is a cross industry event, creating a platform to discuss how you can diversify your leadership skills by empowering others around you to succeed.

- Are you a manager looking to develop your leadership skills?
- Are you an executive looking to build your presence in your organisation?
- Are you passionate about sharing knowledge and skills to help others grow?
- Do you want to become a better communicator, an advocate for female success and an authentic leader?

*Then this is the event for you!*



# AGENDA

SESSION 1



CHIEF EXECUTIVE OFFICER

DEANNE STEWART



> Building Authentic Relationships As A Mentor

**Learning Outcomes:**

- Inspiring your mentees to lead with passion
- Developing informal and formal coaching relationships
- Becoming a strong role model in your organisation to promote other women to strive for success

SESSION 2



MANAGING DIRECTOR

ESME BORGELT



> Fostering Open Discussion Through Trusted Environments

**Learning Outcomes:**

- Inspiring your mentees to lead with passion
- Developing informal and formal coaching relationships
- Becoming a strong role model in your organisation to promote other women to strive for success
- Building informal mentoring practices into your organisation's culture

SESSION 3



> Giving and Receiving Feedback

**Learning Outcomes:**

- Effectively advising your mentee on their careers to drive others to succeed
- Balancing the needs of your mentor with your own personal development
- Challenging your mentee to work outside their comfort zone

TBC

## AFTERNOON WORKSHOP A:

### > Developing Your Skills To Become An Effective Mentor And Coach

Sharing your skills, knowledge and expertise can benefit any workplace. It opens the doors for younger women to climb the corporate ladder as well as retaining institutional and practical know-how in your organisation. This afternoon masterclass will give you the skills to build informal and formal mentoring relationships with your peers.

#### Learning Outcomes:

- Building the confidence to coach individuals in your organisations
- Establishing shared values and expectations for your mentoring relationship
- Setting objectives for your mentee to help them achieve their goals
- Strengthen your organisational culture by building rapport with peers and colleagues

## AFTERNOON WORKSHOP B:

### > Becoming A Great Leader

Mentoring others helps to solidify your knowledge as well as identify gaps in your skillset. This interactive workshop will give you the skills to progress your leadership journey and advance your professional development.

#### Learning Outcomes:

- Establish gaps in your skillset to optimise performance as a leader
- Developing your communication skills to provide guidance and constructive feedback
- Effectively engage and collaborate with people you lead and manage



CHIEF EXECUTIVE OFFICER

DR. JODIE LOWINGER



Dr Jodie Lowinger is passionately committed to helping organisations and individuals reduce anxiety and stress and boost productivity, performance and a winning mindset. Jodie combines expertise as a Performance, Mindset and Leadership Coach, Management Consultant and Doctor of Clinical Psychology to help others reach their pinnacle of success professionally and personally. Jodie is CEO and Founder of Mind Strength Coaching and Consulting. She coaches some of Australia's top MDs, CEOs, athletes and executives. Jodie is also CEO and Founder of the Sydney Anxiety Clinic, a leading anxiety treatment clinic for adults, children and teens.

# PRICE LIST

Please Note: Prices do not include GST

Your Selection Circle your option	1st Release*	2nd Release*	Final Release*
Individual Ticket	\$799	\$899	\$999
Groups of 3	\$1,999	\$2,199	\$2,400
Groups of 5	\$2,799	\$3,199	\$3,499

## DELEGATE ONE

Name   
Position   
Phone   
Email

## DELEGATE TWO

Name   
Position   
Phone   
Email

## DELEGATE THREE

Name   
Position   
Phone   
Email

## DELEGATE FOUR

Name   
Position   
Phone   
Email

## YOUR COMPANY DETAILS

Company Name   
Postal Address  Postcode

## PAYMENT DETAILS

**CHEQUE** I have enclosed a cheque for \$   
payable to Konnect Learning\*

**EFT** Konnect Learning (Commonwealth Bank)\*  
**BSB:** 062 014 **Account number:** 1053 3919

**CREDIT CARD** Please charge my  Mastercard  Visa  AMEX^  
^ Please note AMEX attracts a 2.5% credit card fee

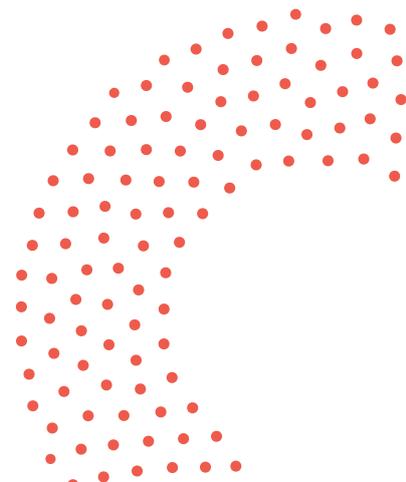
In the amount of \$

Card No.  Security Code

Expiry  /  Name on card

Signature

\* Please quote the invoice number and company name upon payment via EFT or cheque. Payment is required prior to the event. An invoice will be emailed to you. Phone 02 8248 0200 with any queries.



## **CANCELLATION POLICY**

The following cancellation policies apply to all Konnect Learning events. Whilst Konnect Learning is sympathetic to the inevitability of changing circumstances, Konnect Learning incurs costs for each cancelled registration. It is for this reason that the following cancellation policies are non-negotiable:

- If a registration is cancelled more than 21 working days before the date of a scheduled event, the fee of that registration will be refunded, minus a \$300 processing fee;
- If a registration is cancelled between 21 and 7 working days before the date of a scheduled event, the registered participant will receive a redeemable credit note that can be used to attend another of Konnect Learning's events (subject to availability of venues);
- If a registration is cancelled less than 7 working days before the date of a scheduled event, Konnect Learning is unable to issue a refund or credit note due to the significant expenses already incurred by Konnect Learning.

## **CHANGES TO EVENTS**

A tremendous amount of effort is spent to ensure all of Konnect Learning's events proceed as originally marketed. It is with regret that circumstances beyond Konnect Learning's control can prevent this from happening. As such, Konnect Learning reserves the right to change the speaker and/or agenda details at any time throughout the marketing lifecycle of an event. It should go without saying that Konnect Learning will diligently minimise the risks of changes to any event and will always ensure events deliver the content that is advertised.

Konnect Learning will notify all participants of any changes in a timely manner leading up to an event.

## **CUSTOMER PRIVACY**

Konnect Learning takes diligent action to ensure all client details are protected. Furthermore, we respect our customer's right to 'opt out' of our various promotional activities for relevant, upcoming events. If you do not want to receive further information about our upcoming conferences, training courses and learning experiences, please tick the following box:

## **ONCE YOU ARE REGISTERED, WHAT IS THE NEXT STEP?**

When you have registered for an event, and that registration has been received by Konnect Learning, you will be sent a confirmation email. This will include your invoice and any relevant information regarding the event you are registered for. Konnect Learning will regularly keep you updated regarding the events for which you have registered.

If you require any further information:

Visit our website at: [www.konnectlearning.com.au](http://www.konnectlearning.com.au)

Call us on (02) 8248 0200

